

Install a tankless water heater. You'll never run out of hot water.

Instead of sending someone cut flowers, give them a potted plant.

Use latex instead of oil-based paint.

Keep your tires properly inflated. You'll get better gas mileage.

Use cloth napkins instead of paper.

Donate your old mobile phone to a charity.

Keep a canvas bag in your car, so you'll have it when you go grocery shopping.

Buy high thread-count sheets. Natural fiber sheets aren't made with chemicals, while no-iron sheets are.

Install a cedar closet. Mothballs contain harmful chemicals.

Drink organic coffee.

Set your sprinklers to water at night. This saves water because there is less evaporation.

Use organic pesticides.

Add brewer's yeast to your pet's food as a natural flea repellent.

Bring a coffee mug to work instead of using disposable cups.

Plant drought-resistant vegetation in your yard.

Select energy-efficient appliances.

Close your chimney's dampers. Up to 8% of heat can escape through the chimney.

If you can, keep paper waste to a minimum and make two-sided copies.

Choose certified organic treats for your dog or cat.

Request online statements from your utility and credit-card companies.

Use a broom rather than a hose to clean your driveway.

Consider purchasing a hybrid or low-emissions vehicle.

Buy a laptop computer. A desktop computer uses 50% more energy.

At the office, turn off the lights in conference rooms when not in use.

When building a new addition, consider more sustainable materials, like bamboo.

Buy wool carpets rather than synthetic.

Consider a front-loading washing machine to save water and energy. Choose Earth-friendly soaps and cleansers.

Use a dishtowel instead of a paper towel in the kitchen.

Select a clothes dryer with a moisture sensor to save energy and wear and tear on your clothing.

Use an environmentally friendly dry cleaner.

Use your microwave. It's 70% more efficient than a stovetop or oven.

Run appliances at off-peak hours, usually 9 p.m. to 7 a.m.

Install dimmer switches to encourage energy conservation.

Cover your pool at night to save up to 70% on heating costs.

Buy locally grown produce from your neighborhood farmers market.

Purchase a water-filtration system so you can stop relying on bottled water.

Use a French press to make your coffee. The coffee tastes great, and you won't need paper filters.

When ordering take-out food, request no napkins or utensils.

Cover pots when cooking to speed up heating time and to save energy.

Install a drip-irrigation system on your property to conserve water and encourage strong root growth in trees.

Consider purchasing antique or estate jewelry instead of new.

Unplug your mobile-phone charger when not in use. It continues to draw energy.

Try to buy only free-range poultry and eggs.

Consider purchasing a prefab home.

Buy tree-free paper made from hemp, bamboo or cotton.

Consider eco-luxury fabrics such as wool, cashmere and silk.

Request that your florist use only organic flowers.

Try an organic wine with dinner this evening.

Use soy-based candles. They're nontoxic, biodegradable and burn longer than paraffin.